

2 June 2019

Christians Against Poverty (CAP)

CAP is a free national debt counselling charity. St Paul's Church runs the Debt Centre for the local area of Epsom & Ewell, led by Clare Brown and her team.

Our CAP Centre continues to thrive and grow. We are pleased to introduce our new debt coach, Chris Rees, to you today. Chris worships at Epsom Vineyard and brings a wealth of experience. He is a real answer to prayer and a great addition to the team.

Chris writes: *We all like encouragement don't we?*

"I really appreciate what you are doing for me."

"Thank you so much for your message!!"

"Thank you" 🙏

These are just a few of the text messages from clients I've recently worked with.

Jesus calls us to set the captives free and in these days, debt is one of the prisons many are held in. Christians Against Poverty (CAP) are here to help people break free from this prison and enjoy the

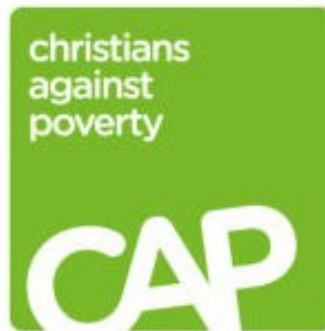


life and liberty that can only be found in Jesus. It's such a privilege to partner together as we bring the good news of Jesus to folk who are in such need.

Our CAP Money team continues to run courses to help people get to grips with their finances so they can budget, save and prevent debt.

Our team recently ran a successful course. The response was positive and everyone found the day really helpful, supportive and encouraging.

We are also excited to announce that we will be running the new Student Course this summer.



Today, members of our team will be sharing experiences of their work with CAP. Please take the opportunity to talk to them today to find out more about how you can get involved. Further information capuk.org

Clare Brown,
CAP Centre Manager

You are welcome at any of our activities this coming week at St Paul's

This Sunday 2 June

10am Communion Service
Speaking truth to our culture
- Who is my neighbour?
Speaker: Paul Dever
6pm *Wisdom for a useful faith*
Speaker: David Wright

Monday 9:15am Prayer Meeting (Upper Lounge)
9:45am Toddlers
2pm Wrigglers

Tuesday 11am Spartans
2-5pm Study Space (The Hub)

Wednesday 11am Mid Week Focus

Thursday 9:30am Prayer & Pastries
10am Refresh! (Cheyham)

1pm Thy Kingdom Come
8pm Knowing God Better (31 Avenue Rd)
Friday 10am Little Church
10am Knowing God Better (Club Room)
2-5pm Study Space (The Hub)
5:45pm Kidzone Fridays (Y3-6)
7:15pm FUEL Social

Sunday 9 June

10am Way2Go Central - Pentecost
Speaker: Martin Wainwright
11:40am Communion Service - *Jesus says... Be filled*
Speaker: Mark Goodman
1pm Church lunch
6pm Pentecost - *The now and not yet*
Speaker: Sean Skinner

St Paul's Howell Hill, 15 Northey Avenue, Cheam, Sutton SM2 7HS 020 8224 9838

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www.saintpauls.co.uk

Office hours 9:30am-2:30pm Monday to Friday

Please pray for:

- those we know who are ill, in hospital or recovering from medical treatment
- parents and siblings who support children with behavioural needs – for God’s help at all times.
- Andy and Karen Trevan travelling to Alaska today to begin helping with children’s holiday clubs.
- us all taking part in Thy Kingdom Come – praying for God’s vision for those who don’t yet know Jesus.

You’re welcome to join us to pray on Monday mornings at 9:15-9:45am in the Lounge. If you would like prayer for anything, please contact Sally Thomas sallyt@saintpauls.co.uk / 0208 224 7360.

Thy Kingdom Come

Thy Kingdom Come is a global prayer movement that invites Christians around the world to pray for more people to come to know Jesus. We will be joining voices from around the world this year and invite you to:

Individually - take a slip from the noticeboard and sign up to pray for an hour one day until Sunday 9 June.

Corporately – join us for an hour of prayer in the Prayer Space (main arena) on **Thursday 6 June 1-2pm**.

Families - Pick up a prayer adventure map and stickers from the Welcome Area or see Naomi.

FUEL Socials - Save the dates

Friday 7 June 7:15-9pm - Creature Comforts

Friday 12 July 7:15-9pm - Inflatables Party

Sean’s thank you gift

The gift for Sean will be presented during the evening service on **Sunday 9 June**, with a party afterwards. If you wish to contribute towards the gift, please give cash or cheque (payable to Steve McLeod) in a suitably marked envelope to the Wardens or Duty Wardens by 2 June.

Reasons to Believe with Amy Orr-Ewing

Saturday 15 June. Our thanks to all who have booked for our conference, which is now full. Places will NOT be available on the door but we are getting some cancellations, so please email David if you have not booked but are keen to come davids@saintpauls.co.uk

Prayer Walking the London Loop!

Fri 21/Sat 22/Sun 23 June. Walk and pray on the St Paul’s section of the London Loop (see tfl.gov.uk/modes/walking/loop-walk). Organised by Neighbourhood Prayer Network, this will include prayer against violent crime. As well as walkers, we hope to provide a welcome in The Hub. Contact Sally for more information. sallyt@saintpauls.co.uk / 0208 224 7360

New Wine - United 19: Half-Week Tickets

If you are unable to attend New Wine for the full week, tickets are now available for three full days of Bible teaching. Visit united.new-wine.org

Premier Christian Radio

Simon Ward presents *Worship at Home* on Sunday mornings from 10am. Ideal for those you know who can’t make it to church.

Calling all runners

We are organising some runs around Epsom Downs on Monday evenings from 3 June over the summer. The plan is to run for 45mins then meet afterwards for a well earned drink. Meet in the Epsom Downs cafe kiosk carpark (near Tattenham Corner) at 7:30pm. Contact Adam Hansen or Tim Hillman adsmhansen@gmail.com / timhillman100@gmail.com

Study Space (Revision)

Use The Hub as a space for quiet study and revision, Tuesdays & Fridays 2-5pm until 14 June. For young people and students. Brain food provided.

New Bin for Cups

Please support our efforts to be more eco-friendly by using our new cup recycling bin, specially designed to collect used cups and waste liquid in a separate reservoir.



Little Fishes Quiz Night at St Paul’s

Saturday 22 June 7:30pm. Cost £10 includes fish and chips - bring your own snacks and drinks. Tables of 8 please. On your own? - we can put you on a table with others. Come and have some fun! To book, contact Jan Wright littlefishes@saintpauls.co.uk

CAP Money Course

Saturday 22 June 9:30am at Ruxley Church, West Ewell. A free, one day course that will help you get to grips with your finances so you can budget, save and prevent debt. Register online capmoneycourse.org 0759 3535197

Open Mic Night: FUEL & Wildfire

Saturday 29 June 6-9pm Join us for a night of relaxed fun, music, poetry, comedy... and whatever else people come up with! Entry is free, and if you want to sign-up an act just speak to Tim Fairhead. But there's no need to perform - just turn up and enjoy the social.

Kidzone Summer Helpers Needed

Thank you to those who have offered to help over the summer holidays to give our regular Kidzone team a break. We still need help on **11, 18, 25 Aug**. Further details from Naomi naomis@saintpauls.co.uk

Summer LIFE Group

Wednesdays 7, 14 & 21 August 8pm. DVD series followed by group discussion.

Giving to St Paul’s

God’s work here is funded by our church family and we encourage planned giving. Information on how to give regularly is available in the Welcome Area and online at saintpauls.co.uk/giving. There is a plate by the door for any who may wish to give today. Charity No 1128212